

SEO Keyword Research Cheatsheet

A quick reference guide to effective keyword research for SEO, covering essential tools, techniques, and metrics to identify and target the most valuable keywords for your website.



Keyword Research Fundamentals

Understanding Keywords	Key Metrics	
Head Keywords: Short, generic terms with high search volume and broad intent (e.g., 'shoes').	Search Volume	The number of times a keyword is searched for in a given period (usually monthly).
Body Keywords: More specific, two-to-three word phrases with decent search volume (e.g., 'running shoes').	Keyword Difficulty	An estimate of how difficult it is to rank on the first page of search results for a given keyword.
Long-Tail Keywords: Highly specific, multi-word phrases with lower search volume but higher conversion rates (e.g., 'best running shoes for marathon training').	Click-Through Rate (CTR)	The percentage of searchers who click on a search result for a given keyword.
	Cost Per Click (CPC)	The average cost an advertiser pays for a click on an ad triggered by a specific keyword (used for paid search insights).
Informational Keywords: Used when seeking information or answers (e.g., 'how to tie shoelaces').		
Navigational Keywords: Used to find a specific website or page (e.g., 'Nike official website').	Search Intent	The user's goal when searching for a particular keyword (informational, navigational, transactional).
Transactional Keywords: Used when intending to make a purchase (e.g., 'buy running shoes online').		

Keyword Research Tools

Free Tools	Paid Tools	
Google Keyword Planner: Provides keyword ideas and search volume data; requires a Google Ads account.	Ahrefs: Comprehensive SEO toolset, including keyword research, competitor analysis, and rank tracking.	
Google Trends: Shows the popularity of a keyword over time and identifies trending topics.	SEMrush: Offers keyword research, site audits, and position tracking features.	
AnswerThePublic: Visualizes questions and phrases people search for around a specific keyword.	Moz Keyword Explorer: Provides keyword suggestions, search volume, difficulty, and opportunity scores.	
Ubersuggest: Offers keyword suggestions, search volume, and keyword difficulty scores (limited free usage).	LongTailPro: Focuses on finding long-tail keywords with good ranking potential.	

Keyword Research Techniques

Brainstorming

Competitor Analysis

driving traffic.

potentially rank for?

Start with your core business offerings and Identify your main competitors and analyze their Type a keyword into Google and see the expand on related topics and subtopics. websites to see what keywords they're targeting. suggestions that appear in the dropdown menu (Google Autocomplete). Use tools like Ahrefs or SEMrush to see which Consider your target audience: What problems are they trying to solve? What questions do they keywords your competitors are ranking for and Check the 'People also ask' box for related

Look for keyword gaps: Are there any keywords

your competitors *aren't* targeting that you could

Content Strategy

have? Think like your customers: What words would

they use to find your products or services?

Applying Keywords

On-Page Optimization

Title Tags: Include your primary keyword at the beginning of the title tag for each page.	Create high-quality, informative content that targets your chosen keywords and addresses your audience's needs.
Meta Descriptions: Write compelling meta descriptions that include relevant keywords to encourage clicks from the search results page.	Develop a content calendar to ensure consistent content creation and publication.
Headings: Use keywords in your H1, H2, and H3 headings to structure your content and signal relevance to search engines.	Repurpose content into different formats (e.g., blog posts, infographics, videos) to reach a wider audience.
Body Content: Naturally incorporate keywords into your body content, focusing on providing value to the reader.	Optimize your content for featured snippets by answering common questions clearly and concisely.
Image Alt Text: Use descriptive alt text for your images that includes relevant keywords.	

Leveraging Search Suggestions

Examine the related searches at the bottom of

questions.

the search results page.