



Skeletal muscle

Alternating light and dark bands along long axis of muscle fibre = striated

Single muscle made of collection of single fibers

Tendon – attach muscle to bone

Connective tissue – surround whole muscle

Muscle fascicles – bundles of fibres

- Inside bundles is number of single muscle cells/fibres
Skeletal fibre aka skeletal muscle cell
- 1 fibre = 1 cell
- Largest cells in body
- Several 100 nuclei along surface