

Interior Design Essentials Cheatsheet

A comprehensive guide to the fundamentals of interior design, covering key principles, color theory, space planning, lighting, and styling to create beautiful and functional spaces.



Design Principles

Balance

Symmetrical Balance	Creates a formal and orderly look with mirrored elements on either side of a central axis.
Asymmetrical Balance	Achieves balance through different elements of equal visual weight on either side.
Radial Balance	Arranges elements around a central point, creating a circular or radiating pattern.

Rhythm

Repetition	Repeating elements like color, pattern, or texture to create visual consistency.
Progression	A sequence of elements that gradually change, such as a gradient of color or increasing sizes.
Contrast	Using opposing elements to create visual interest and highlight certain features.

Harmony & Unity

Ensure all elements in the space work together to create a cohesive and pleasing overall effect. Use a consistent style, color palette, and theme to tie everything together.

Proportion & Scale

Proportion	Refers to the relationship of sizes between different elements in a space. Aim for harmonious ratios.
Scale	Deals with how the size of an object relates to the size of the space or other objects. Ensure furniture and accessories are appropriately scaled.

Emphasis

Create a focal point in the room to draw the eye and provide a sense of direction. This can be achieved with a statement piece of furniture, artwork, or architectural feature.

Color Theory

Color Wheel

Understand the relationships between colors on the color wheel. Primary, secondary, and tertiary colors form the basis of color schemes.

Color Schemes

Monochromatic	Using different shades and tints of a single color.
Analogous	Colors that are next to each other on the color wheel.
Complementary	Colors that are opposite each other on the color wheel.
Triadic	Three colors that are evenly spaced on the color wheel.
Tetradic (Double Complementary)	Two pairs of complementary colors.

Color Psychology

Evoke energy, warmth, and excitement. Best for social spaces.
Create a calming and relaxing atmosphere. Ideal for bedrooms and bathrooms.
Provide a versatile backdrop for other colors and can create a sense of sophistication and elegance.

Using Color in Interior Design

Consider the lighting in the room when choosing colors. Natural light enhances colors, while artificial light can alter them. Test paint samples in the room before committing to a color.

Tints, Shades, and Tones

- Tint: Adding white to a color.
- Shade: Adding black to a color.
- Tone: Adding gray to a color.

Space Planning

Understanding Room Dimensions

Accurately measure the room's length, width, and height. Note the location of windows, doors, and architectural features. Create a floor plan to visualize the space.

Traffic Flow

Plan for smooth and unobstructed movement throughout the room. Avoid placing furniture in high-traffic areas. Ensure pathways are wide enough for comfortable passage.

Furniture Arrangement

Focal Point Arrangement	Arrange furniture around a focal point, such as a fireplace or window.
Conversation Area	Create a seating arrangement that encourages conversation and interaction.
Functional Zones	Define separate zones for different activities, such as reading, working, or dining.

Creating a Floor Plan

Use graph paper or digital tools to create a floor plan. Experiment with different furniture arrangements. Consider the scale of furniture and the available space.

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Maximizing Space

Vertical Space	Use tall bookshelves or wall- mounted storage to maximize vertical space.
Multifunctional Furniture	Choose furniture that serves multiple purposes, such as a sofa bed or storage ottoman.
Mirrors	Use mirrors to create the illusion of more space and reflect light.

Lighting & Styling

Types of Lighting

Ambient Lighting	Provides overall illumination in a room. Examples include recessed lighting and chandeliers.
Task Lighting	Provides focused light for specific tasks. Examples include desk lamps and under-cabinet lighting.
Accent Lighting	Highlights specific objects or areas. Examples include spotlights and wall sconces.

Layering Lighting

Combine different types of lighting to create a balanced and functional lighting scheme.

Consider the purpose of each light source and its placement in the room.

Window Treatments

Curtains	Add softness, privacy, and insulation to a room.
Blinds	Offer precise control over light and privacy.
Shades	Provide a clean and streamlined look while filtering light.

Accessorizing

Add personal touches to the space with accessories such as artwork, cushions, rugs, and plants. Choose items that reflect your style and interests. Avoid cluttering the space with too many accessories.

Textiles and Textures

Incorporate a variety of textiles and textures to add depth and interest to the space. Combine smooth and rough textures, such as silk and linen, to create visual contrast.

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